

October 13, 2016

NOT FOR DISTRIBUTION TO U.S. NEWSWIRE SERVICES OR FOR RELEASE OR DISSEMINATION DIRECTLY, OR INDIRECTLY, IN WHOLE OR IN PART, IN OR INTO THE UNITED STATES

NEWS RELEASE

Tintina Reminds Shareholders of Expiry of Rights Offering

Vancouver, British Columbia – October 13, 2016 - Tintina Resources Inc. (TSX.V: "TAU"; OTCQX: "TINTF") (the "**Company**") reminds shareholders that, further to its news release dated September 13, 2016, the rights issued in its rights offering will expire and cease to be exercisable at 2:00 p.m. (Vancouver time) on Tuesday, October 18, 2016. Shareholders wishing to exercise their rights are urged to contact their broker well in advance of the expiry date.

The rights are currently trading on the TSX Venture Exchange under the symbol TAU.RT and will cease trading at 9:00 a.m. (Vancouver time) on October 18, 2016.

Details of the rights offering are contained in the Company's rights offering circular, which has been filed on the Company's SEDAR profile at www.sedar.com.

This press release does not constitute an offer to sell or the solicitation of an offer to buy, nor shall there be any sale of these securities, in any jurisdiction in which such offer, solicitation or sale would be unlawful prior to registration or qualification under the securities laws of such jurisdiction. The securities have not been and will not be registered under the United States Securities Act of 1933, as amended (the "U.S. Securities Act"), or any state securities laws and may not be offered or sold within the United States or to, or for the account or benefit of, "U.S. persons," as such term is defined in Regulation S under the U.S. Securities Act, unless an exemption from such registration is available.

About Tintina Resources Inc.

Tintina Resources Inc. is a growth company focused on the exploration, development, and mining of its 100% owned flagship property, the Black Butte Copper project in central Montana, USA. The Company is led by a highly experienced executive management team that has a successful track record of building shareholder value through exploration, corporate finance, and mine development.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Contact Information

Tintina Resources Inc.

Mr. John Shanahan, President and Chief Executive Officer

(604) 628-1162

Email: info@tintinaresources.com